

MAHMOOD TEA®



شاي محمود



Time for tea



MAHMOOD TEA®

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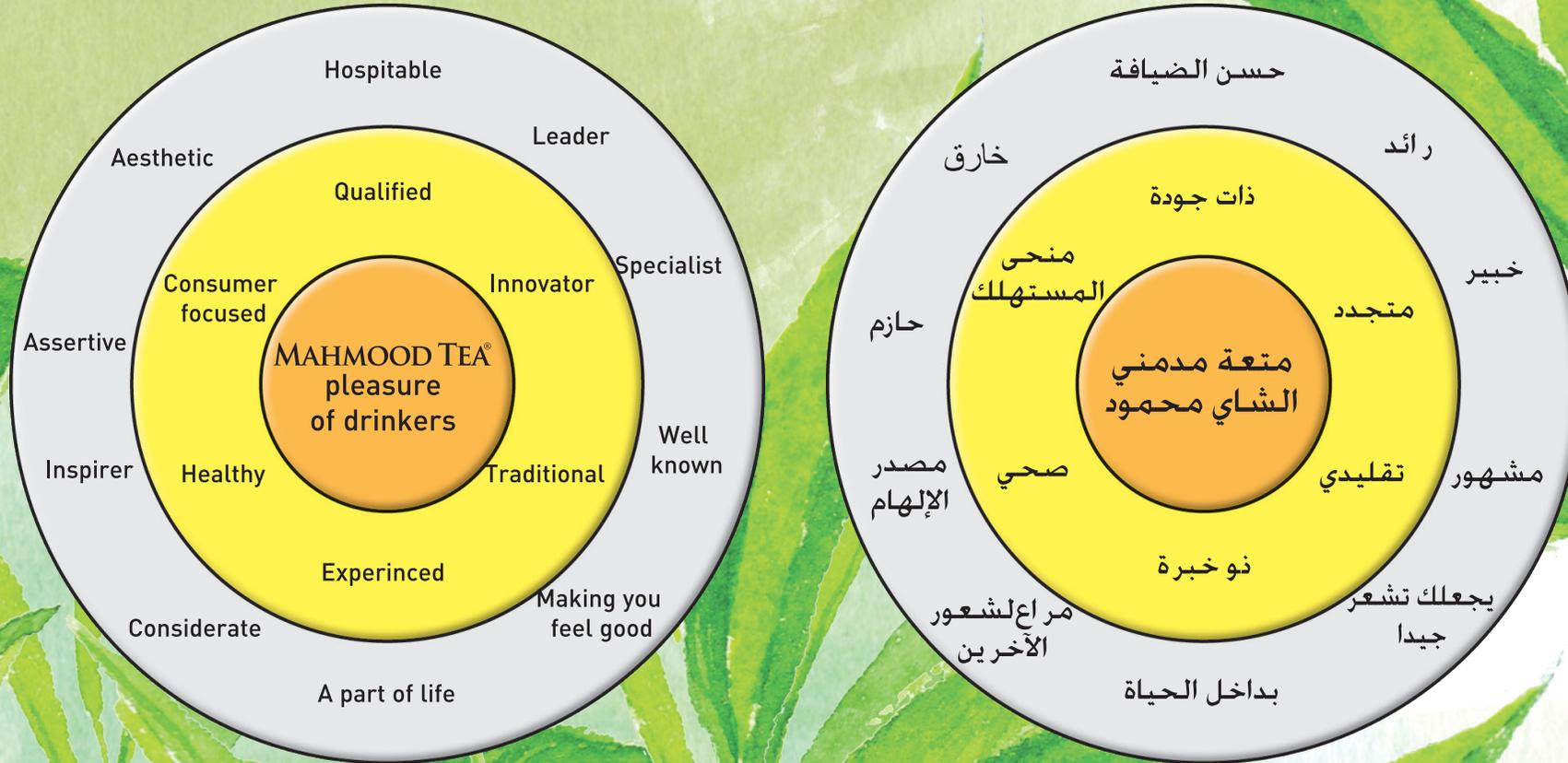
Mahmood Tea is the finest quality tea selected from the premier tea estates in Sri Lanka. It is appreciated by connoisseurs for its subtle, distinctive flavour and bright colour.

Discover a new taste with a cup of Mahmood Tea.

شاي محمود هو من أرقى أصناف الشاي المنتقاة من أشهر مزارع الشاي في سيلان. ينظر إليه الذواقة بتقدير كبير لنعته الرائعة والتميزة ولونه الذهبي الزاهي. اكتشف عالماً جديداً من المتعة مع شاي محمود.

Essence and Values of Mahmood Tea Brand

أساس وقيم شاي محمود



Our vision as Mahmood Tea is to lead tea sector by keeping consumer and customer satisfaction at the highest level.

Our mission is, by considering the social values, to offer products which are in compliance with the food security principles and benefits of society, sensitive to humans and environment, healthy and hygienic.

نحن شركة محمود هدفنا: الإرتقاء في ميدان الشاي لنيل إعجاب ورضا بائنا ومستهلكينا وكسب ثقتهم في منتجاتنا وبالنسبة لمهمتنا: تقديم منتجات نظيفة وصحية وفقاً للقيم الاجتماعية. ومطابقة لمبادئ الأمن الغذاء العالمي. مع مراعاة القيم الحساسة تجاه الناس والبيئة والتي ترعى المصالح الاجتماعية

MAHMOOD TEA®

شاي محمود



P/N: 61-058

Mahmood Earl Grey Tea
شاي معطر
Square Tin - 450 g



P/N: 61-065

Mahmood Earl Grey Tea
شاي معطر
100 g



P/N: 61-115

Mahmood Earl Grey Tea
شاي معطر
200 g



P/N: 61-114

Mahmood Earl Grey Tea
شاي معطر
450 g



EARL GREY TEA



P/N: 61-070

Mahmood Earl Grey Tea Bags
شاي معطر
100 x 2 g



P/N: 61-075

Mahmood Earl Grey Tea Bags
شاي معطر
25 x 2 g



P/N: 61-030

Mahmood Earl Grey Tea Bags
شاي معطر
20 x 2 g



P/N: 61-073

Mahmood Earl Grey Tea Bags
شاي معطر
50 x 2 g



MAHMOOD TEA®

شاي محمود



P/N: 61-062

Mahmood Ceylon Black Tea
شاي سيلاني اسود
Square Tin - 450 g



P/N: 61-066

Mahmood Ceylon Black Tea
شاي سيلاني اسود
100 g



P/N: 61-112

Mahmood Ceylon Black Tea
شاي سيلاني اسود
450 g



CEYLON BLACK TEA



P/N: 61-071

Mahmood Ceylon Black Tea Bags
شاي سيلاني اسود
100 x 2 g



P/N: 61-033

Mahmood Ceylon Black Tea Bags
شاي سيلاني اسود
20 x 2 g



P/N: 61-074

Mahmood Ceylon Black Tea Bags
شاي سيلاني اسود
50 x 2 g



P/N: 61-076

Mahmood Ceylon Black Tea Bags
شاي سيلاني اسود
25 x 2 g



MAHMOOD TEA®

شاي محمود



P/N: 61-063

Mahmood Cardamom Tea
بطعم الهيل
Square Tin - 450 g



P/N: 61-067

Mahmood Cardamom Tea
بطعم الهيل
100 g



P/N: 61-116

Mahmood Cardamom Tea
بطعم الهيل
450 g



CARDAMOM TEA



P/N: 61-072

Mahmood Cardamom Tea Bags
 بطعم الهيل
 100 x 2 g



P/N: 61-079

Mahmood Cardamom Tea Bags
 بطعم الهيل
 25 x 2 g



P/N: 61-032

Mahmood Cardamom Tea Bags
 بطعم الهيل
 20 x 2 g



P/N: 61-078

Mahmood Cardamom Tea Bags
 بطعم الهيل
 50 x 2 g



MAHMOOD TEA®

شاي محمود



P/N: 61-206

Mahmood Green Tea

شاي أخضر
100 g



P/N: 61-205

Mahmood Green Tea

شاي أخضر
200 g



P/N: 61-208

Mahmood Green Tea

شاي أخضر
450 g



GREEN TEA



P/N: 61-034

Mahmood Green Tea Bags
شاي أخضر
20 x 2 g



P/N: 61-203

Mahmood Green Tea Bags
شاي أخضر
100 x 2 g



P/N: 61-204

Mahmood Green Tea Bags
شاي أخضر
25 x 2 g



MAHMOOD TEA®

شاي محمود



P/N: 61-882

Mahmood Super Opa Tea
شاي خشن ممتاز
800 g



P/N: 61-881

Mahmood Super Opa Tea
شاي خشن ممتاز
400 g



P/N: 61-880

Mahmood Super Opa Tea
شاي خشن ممتاز
160 g



SUPER OPA



P/N: 61-878

Mahmood Super Opa Tea
شاي خشن ممتاز
900 g



P/N: 61-877

Mahmood Super Opa Tea
شاي خشن ممتاز
450 g



MAHMOOD TEA®

SUPER PEKOE

شاي محمود



P/N: 61-858

Mahmood Super Pekoe Tea

سوبر بيكو

450 g



P/N: 61-856

Mahmood Super Pekoe Tea

سوبر بيكو

900 g



MAHMOOD TEA®

شاي محمود



P/N: 61-197

Mahmood Cardamom Green Tea Bags

أخضر بالهيل

100 x 2 g



P/N: 61-202

Mahmood Strawberry Black Tea Bags

شاي اسود بالفراولة

25 x 2 g



P/N: 61-200

Mahmood Cardamom Green Tea Bags

أخضر بالهيل

25 x 2 g



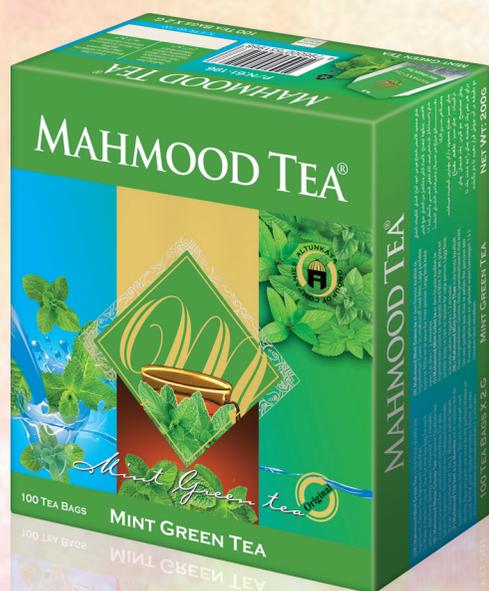
P/N: 61-201

Mahmood Ginger Black Tea Bags

شاي اسود بالزنجبيل

25 x 2 g





P/N: 61-196

Mahmood Mint Green Tea
شاي أخضر با نعناع
100 x 2 g



P/N: 61-028

Mahmood Mint Green Tea
شاي أخضر با نعناع
20 x 2 g



P/N: 61-199

Mahmood Mint Green Tea
شاي أخضر با نعناع
25 x 2 g



P/N: 61-029

Mahmood Lemon Green Tea
شاي أخضر با لليمون
20 x 2 g



P/N: 61-198

Mahmood Lemon Green Tea
شاي أخضر با لليمون
25 x 2 g



FLAVORED TEA



MAHMOOD TEA®

شاي محمود



P/N: 61-020

Mahmood Hibiscus Herbal Infusion

خطمي
20 x 2 g



P/N: 61-024

Mahmood Rosehip Herbal Infusion

ثمر الورد
20 x 2 g



P/N: 61-021

Mahmood Camomile Herbal Infusion

البابونج
20 x 2 g



P/N: 61-195

Mahmood Slimming Tea

شاي الرشاقة
20 x 2 g



HERBAL INFUSION



P/N: 61-035

Mahmood Mango Black Tea
الشاي الأسود ماجو
20 x 2 g



P/N: 61-038

Mahmood Cran Berries Herbal Infusion
التوت البري
20 x 2 g



P/N: 61-037

Mahmood Borage Herbal Infusion
دمنوش گیاهی گل گاوزبان
20 x 2 g



P/N: 61-039

Mahmood Forest Berries Herbal Infusion
التوت الغابي
20 x 2 g



MAHMOOD TEA®

شاي محمود



P/N: 61-662

Mahmood Earl Grey Tea
شاي معطر
200 g - Pouch



P/N: 61-664

Mahmood Ceylon Black Tea
شاي اسود
200 g - Pouch



P/N: 61-770

Mahmood Cardamom Tea
بطعم الهيل
200 g - Pouch



P/N: 61-669

Mahmood Cinnamon Tea
شاي القرفة
200 g - Pouch



SOFT PACKETS



P/N: 61-666

Mahmood Earl Grey Tea
شاي معطر
400 g - Pouch



P/N: 61-668

Mahmood Ceylon Black Tea
شاي اسود
400 g - Pouch



P/N: 61-667

Mahmood Cardamom Tea
بطعم الهيل
400 g - Pouch



P/N: 61-670

Mahmood Cinnamon Tea
شاي القرفة
400 g - Pouch



MAHMOOD TEA®

SOFT PACKETS

شاي محمود



P/N: 61-102

Mahmood Super Pekoe Tea

سوبر بيكو
400 g - Pouch



P/N: 61-875

Mahmood Super Opa Tea

شاي خشن ممتاز
400 g - Pouch



Drinking tea reduces non-cardiovascular mortality by 24%, reveals a study in 13,000 people presented at ESC Congress by Professor Nicolas Danchin from France.

Professor Danchin said: "If you have to choose between tea or coffee it's probably better to drink tea. Coffee and tea are important components of our way of life. Their effects on cardiovascular (CV) health have been investigated in the past with sometimes divergent results. We investigated the effects of coffee and tea on CV mortality and non-CV mortality in a large French population at low risk of cardiovascular diseases."

The study included 131,401 people aged 18 to 95 years who had a health check up at the Paris IPC Preventive Medicine Center between January 2001 and December 2008. During a mean 3.5 years follow up there were 95 deaths from CV and 632 deaths from non-CV causes. Coffee or tea consumption was assessed by a self-administered questionnaire as one of three classes: none, 1 to 4, or more than 4 cups per day.

The researchers found that coffee drinkers had a higher CV risk profile than non-drinkers, particularly for smoking. The percentage of current smokers was 17% for non-drinkers compared with 31% in those who drank 1 to 4 cups per day and 57% in those who drank more than 4 cups per day.

Non-coffee drinkers were more physically active, with 45% having a good level of physical activity compared to 41% of the heavy coffee drinkers. Professor Danchin said: "This is highly significant in our large population."

Heavy drinkers of coffee were older than the non-drinkers, with a mean age of 44 compared to 40 years. The differences in blood pressure were small, with heavy coffee drinkers hav-

ing a slightly lower systolic blood pressure (SBP) and higher diastolic blood pressure (DBP) compared to non-drinkers when adjusted for age.

Tea drinkers had the reverse profile of coffee drinkers, with consumers having a better CV risk profile than non-consumers. One-third (34%) of the non-drinkers of tea were current smokers compared to 24% of those who drank 1-4 cups per day and 29% of those who drank more than 4 cups. Physical activity increased with the number of cups of tea per day from 43% in the moderate tea drinkers to 46% in the heavy drinkers.

Tea had a more marked effect on blood pressure than coffee, with a 4-5 mmHg decrease in SBP and 3 mmHg decrease in DBP in the heavy tea drinkers, compared to non-drinkers, when adjusted for age.

Professor Danchin said: "Overall we tend to have a higher risk profile for coffee drinkers and a lower risk profile for tea drinkers. We also found big differences with gender. Men tend to drink coffee much more than women, while women tend to drink more tea than men."

Coffee showed a trend for increasing CV mortality in the heavy compared to non-drinkers but the effect was not significant. Coffee significantly increased non-CV mortality but the increased risk disappeared when the effect was adjusted for smoking. Professor Danchin said: "The trend for higher mortality in coffee drinkers is probably largely explained by

the fact that there are more smokers in the group who drink a lot of coffee."

There was a trend for tea drinking to decrease CV mortality but the effect was not quite significant after adjusting for age, gender and smoking. But tea significantly lowered the risk of non-CV death, with a hazard ratio of 0.76 for tea drinkers compared with no tea at all.

Professor Danchin said: "Tea drinking lowered the risk of non-CV death by 24% and the trend towards lowering CV mortality was nearly significant. When we extended our analysis to 2011 we found that tea continued to reduce overall mortality during the 6 year period. Interestingly, most of the effect of tea on non-CV mortality was found in current or ex-smokers, while tea had a neutral effect in non-smokers."

He concluded: "Tea has antioxidants which may provide survival benefits. Tea drinkers also have healthier lifestyles so does tea drinking reflect a particular person profile or is it tea, per se, that improves outcomes - for me that remains an open question. Pending the answer to that question, I think that you could fairly honestly recommend tea drinking rather than coffee drinking and even rather than not drinking anything at all."

Story Source: The above post is reprinted from materials provided by European Society of Cardiology. Note: Materials may be edited for content and length.



MAHMOOD TEA®

شاہی سہوگ

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